



Watkins Memorial High School  
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March 12, 2010

Watkins Track Parents:

First of all, welcome to the 2010 Watkins Boys Track Season. The coaching staff is very excited about the team. This is one of the biggest teams ever, with outstanding potential. Even more importantly, the kids are working really hard to get ready for a fantastic outdoor season. Here's some information about the season to help you out.

**Pay to Participate** - All Watkins high school athletics require a \$200 pay to participate fee. This fee is due prior to the beginning of Spring Break (3/25/10). Checks should be payable to Southwest Licking Schools. If the pay to participate fee would place an undue hardship on the family, parents should contact Coach Dahlman. **NO ONE SHOULD HAVE TO QUIT TRACK BECAUSE OF THE PAY TO PARTICIPATE FEE!!!!!!!!!!**

**Spring Break** - Spring Break is an integral part of the outdoor track season. There are three meets and four practices during that time. However, the coaches also recognize that some families plan trips during the vacation. The spring break policy is that athletes may go on vacation with their parents (with no penalty). A note to that effect should be given to Coach Dahlman prior to the vacation. Otherwise, they are expected to be at all team activities.

**Spring Break Trip** - This year the Track Team will be traveling to the Cumberland Valley Invitational in Mechanicsburg, Pennsylvania for our spring break trip. The trip will be for varsity athletes only. We will leave on a charter bus Thursday afternoon (April 1st) and travel to Gettysburg, Pennsylvania. Friday will be spent at Gettysburg, as will Friday night. Saturday morning we will travel to Mechanicsburg for the meet, then return home. More detailed information will be forthcoming.

**Varsity - Reserve - All** - We have different kinds of meets during the season for different levels of competition. The Dual Meets (Tuesdays) will have the full team participating. The Varsity meets will usually include the top two athletes in each event. "Select Varsity" may be a few athletes only. Reserve competitions will include as many of the athletes who don't compete at the varsity level as possible. In all - we hope to get all the athletes in at least 8 or more meets during the season.

**Schedule - Rules - Directions** - Updated information about the team is available at the team website - [www.watkinstrack.org](http://www.watkinstrack.org).

**Questions or Concerns** - Coach Dahlman is available to answer any questions or concerns. He can be contacted:

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